



LIABILITY RELEASE AND ASSUMPTION OF RISK

I _____ hereby declare that I am, to the best of my knowledge, physically and mentally healthy and capable
(last name, first name)
to participate in freediving events.

As far as I am aware I am not suffering from any chronic diseases of the cardiovascular system, lungs and breathing apparatus, ears, or suffering of any other diseases that would impede my ability to participate in the freediving sport and therefore in this competition. I furthermore state, that I am not currently on any medication that might influence my performance or pose a health risk under strenuous exercise. Should my physical condition be subject to any negative change in the above sense, I will report to the organization committee of the competition and cease any further diving attempts. I have been fully informed of all aspects of freediving through participation in applicable and accepted courses and seminars. I am fully aware of all risks involved in freediving, including hypoxia, shallow water blackout, blood shift and general barotraumas. I will, without fail, follow all instructions of the organization committee, jury, and the safety personal. This applies to any safety relevant instructions given during the actual diving attempts. I am aware that any failure to follow these instructions may lead to immediate exclusion from the competition.

I will not hold Organizers, any members of its board or the organization itself, jury, the safety personal or any other persons associated with it, to be responsible or to be blamed in the case of any accidents or damage to my health stemming from the participation in the competition. I will furthermore not pursue legal steps against them in any of these cases. My participation in this Competition and therefore in any diving attempts is purely at my own risk. The above limitation of responsibility does not extend to criminal negligence or malicious intent. I am aware that my participation in specific diving attempts is purely voluntary.

DISCLAIMER: In the case of any legal problems arising as a result of the participation in the competition and covered in the above text, this document will be used as a legal basis.

CONSENT OF BEING FILMED AND PHOTOGRAPHED DURING THE COMPETITION WITHOUT ANY RIGHTS OF FINANCIAL COMPENSATION

I declare that I agree to be filmed and photographed during the whole competition, and if photos and videos are published, will not be asking for financial compensation. Competition organizer is obligated not to publish captured images and videos out of context of free diving. Competition organizer is obligated to use the images and videos for the purpose of popularization and education of free diving. Competition organizer is obligated to keep footage and films away from unauthorized use.

Place / Date

Legal Signature